



**DIRECTIONS**: Mix 1(one) scoop in 8 - 10 fl.oz. of cold water.

NOTE: 1 (one) scoop confains 300mg of caffeine; limit the use of caffeinated products while taking this supplement. Beta Alanine may cause flush and/or body tingle sensation. (Feel it Work!)\*

WARNING: Not intended for the use by anyone under the age of 18. Do not take this product if you are pregnant or nursing. Consult a health care professional before using this product if you have heart disease, thyroid disease, diabetes, high blood pressure, depression or other psychiatric condition, glaucoma, difficulty in urinating, prostate enlargement, or seizure disorder, if you are using a monoamine oxidase inhibitor (MAOI or any other prescription drug, or you are using an over-the-counter drug containing ephedrine, psuedoephedrine or phenylpropanolamine (ingredients found in certain allergy, asthma, cough/cold and weight control products). Exceeding recommended serving will not improve results and may cause serious adverse health effects. Discontinue use and call a health care professional immediately if you experience rapid heartbeat tremors, dizziness, severe headache, shortness of breath, or similar symptoms. Discontinue use two weeks prior to surgery. Limit the use of caffeine containing medications, food, and beverages while taking this product. Do not use with alcohol. Do not use during strenuous activity in high temperature conditions. Always consult a physician before starting any diet or exercise program.

This product is not suitable for sleep.

KEEP OUT OF REACH OF CHILDREN. STORE IN COOL. DRY PLACE.



## Supplement Facts Other Ingredients:

Serving Size: 1 scoop (13g) Servings Per Container: 30

	Amount Per Serving	% DV
Calories	10	
Niacin	60mg	300%

**Xtreme Performance Blend** L-Citrulline Malate, Creatine Monohydrate, Beta Alanine, HydroMax® Glycerol, Arginine Alpha Ketoglutarate, Betaine Anhydrous,

## L-Norvaline and Bioperine®. Xtreme Energy/Focus Blend

Taurine, Caffeine Anhydrous, Alpha GPC, Green Tea Extract and Theobromine Extract

\* Percent Daily Values (DV) are based on 2,000 calorie diet. † Daily Value not established

\*\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

Citric Acid. Malic Acid. Natural and Artificial Flavors, Calcium Silicate, Silicon Dioxide, Sucralose and Acesulfame Potassium

Bioperine® is a registered trademark of Sabinsa Corporation. Hydromax® is a registered trademark of Glanbia Nutritionals.





